**THE PICTURE OF HEALTH**

Allopathy is the most commonly used model of healthcare in the United States, and the fourth most widely used model of healthcare in the world (according to the World Health Organization). Allopathy uses medicines (medications) that oppose disease and/or the symptoms of disease.

**ACCORDING TO ALLOPATHY…**

1. The body is a complex machine made up of a network of integrated organ systems.

2. There is a mind - body connection.

3. Each disease is manifest by a particular cluster of symptoms.

4. Symptoms are the expression of organ malfunction.

5. Individual symptoms or clusters of symptoms (the disease) need to be treated.

6. Symptoms are caused either by a malfunction in a particular part of the body or by an invader from outside the body.

7. Treatment is based on the diagnosis. The specific impact of illness on the individual is not always considered.

Homeopathy is the third most widely used model of healthcare in the world (according to the World Health Organization). Homeopathy uses medicines (remedies) that mirror the patterns of disease and the effects of disease on an individual.

**ACCORDING TO HOMEOPATHY…**

1. The body is the outermost, visible aspect of an elaborate and dynamic energy being.

2. The mind, body, and spirit function as one organic whole.

3. All disease is a deep, imperceptible imbalance in the body’s underlying vital energy.

4. Symptoms are the visible expression or manifestation of the underlying energy imbalance (the disease).

5. The whole person needs to be treated.

6. Symptoms come from inside the body and are evidence of the body’s attempts to bring itself back into balance.

7. Treatment is individualized and based on the entire expression of symptoms because disease affects the entire person in ways that are particular to that individual.
ACCORDING TO ALLOPATHY…

8. Medications are given to destroy a particular organism, adjust a particular organ function, or regulate a physiological process. They sometimes work at the expense of the immune system.

9. Medications for chronic conditions must sometimes be taken on an ongoing basis to prevent a return of the symptoms.

10. The decision of whether to use a particular medication is based in part on a comparison of risk to benefit. If a medication is seen as having more positive than negative potential (side effects), then it is usually deemed appropriate and safe to use.

11. Treatment is often considered successful if the immediate condition resolves.

12. Healing occurs from the outside inward. Symptoms resolve as a result of temporarily destroying the organism to which the individual is susceptible, altering a physiological process, or suppressing the symptoms.

ACCORDING TO HOMEOPATHY…

8. Remedies are given to help strengthen the individual’s immune system and support the body’s healing abilities.

9. Remedies are used only long enough to initiate and support the healing process. Once the body takes over the healing process, the remedy is no longer needed.

10. The decision of which particular remedy to use is based on the effect of the illness on the individual. Remedies are prepared in such a way that they are non-toxic and do not produce side effects. While a homeopathic medicine may create a brief return of old symptoms or temporary worsening of current symptoms, these are rarely serious or harmful. With homeopathy healing is typically gentle, progressive, and profound.

11. Treatment is considered successful when health is restored to the entire organism. The goal of homeopathy is to not only resolve the immediate problem, but to address the underlying susceptibility and promote long-term health and vitality.

12. Healing occurs from the inside outward. As the underlying cause of the illness (the imbalance in the body’s vital energy) is addressed and resolved, symptoms related to the illness go away.